

RECODE WITH THE BREDESEN PROTOCOL

Daily Balance

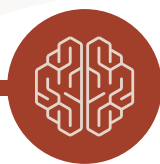
How It Works

Formulated with Dale Bredesen, MD, these high-fiber powders contain powerful, all-natural ingredients, such as beetroot juice and magnesium, that research has shown to improve cognitive function and provide protective benefits for the brain, as well as enhance gut and immune health.*

Now in conveniently pre-measured stick packs, the Daily Balance formula is so much easier to incorporate in your day-to-day routine.

Plus, you get the added benefit of dietary fiber to support gut health and immunity, all-natural energy boosters to put a little pep in your step (in Morning Balance), and calm-down botanicals to help ease you into restful sleep (in Evening Balance).*

Everyone is different, and results will vary from person to person. The key is to maintain consistent use every day to see the best results.



Features & Benefits

Nutrient dense powders that support gut health and brain wellness.*

Morning Balance promotes cognition and fuels energy.*

Evening Balance supports memory and a restful sleep.*



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Morning Balance Powder

Bacopa monnieri

Promotes communication between neurons.*

Setria® Glutathione

Provides whole-body antioxidant support.*

Beta-Hydroxybutyrate

Enhances metabolic function, energizing the brain and nerves throughout the body.*



Evening Balance Powder

Sensoril® Ashwagandha

An adaptogen that supports a healthy response to stress.*

5-Hydroxytryptophan (5-HTP)

A precursor to serotonin that supports a calm mood and a good night's rest.*

Melatonin

Clinically-proven safe, non-habit-forming sleep aid that promotes natural sleep cycles.*



How to take

Morning Balance Powder



**Pour 1 stick pack
into 8 oz. of water.**



**Stir until the
powder dissolves.**



**Take every morning,
with or without food.**

Evening Balance Powder



**Pour 1 stick pack
into 8 oz. of water.**



**Stir until the
powder dissolves.**



**Take every evening 1
hr before bed.**

WARNING: MAY CAUSE DROWSINESS WHEN USED AS DIRECTED



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Ingredients

Supplement Facts				
Serving Size: 1 Stick Pack Servings per container: 30				
	Amount per serving	% Daily Values	Amount per serving	% Daily Values
Calories	15		Bacopa (<i>Bacopa monnieri</i>) whole plant extract [std. to 20% (100 mg) bacosides A&B]	500 mg †
Total Fat	0.5g	<1%**	Wellmune WGP® Beta Glucan [std. to 75% (375 mg) 1,3/1,6 beta-glucan] (from <i>Saccharomyces cerevisiae</i>)	500 mg †
Total Carbohydrate	4g	1%**	L-Glutathione (from Setria® L-Glutathione reduced)	350 mg †
Dietary Fiber	3g	11%**	NAD+ (Nicotinamide adenine dinucleotide)	100 mg †
Choline (as conditioned choline bitartrate)	50 mg	9%		
Fibersol 2® [std. to 90% (1350 mg) soluble dietary fiber]	1,500 mg	†		
Fibregum™ (<i>Acacia senyala</i>)	1,500 mg	†		
Lecithin (from sunflower)	1,000 mg	†		
Beet (<i>Beta vulgaris</i>) root juice	750 mg	†		

† Daily Values not established.
**Percent Daily Values are based on a 2,000 calorie diet.



ReCODE Morning Balance™

Other Ingredients: Stevia (*Stevia rebaudiana*) leaf extract, silica, bitter blocker, Stevia (97% rebaudioside A).

Supplement Facts				
Serving Size: 1 Stick Pack Servings per container: 30				
	Amount per serving	% Daily Values	Amount per serving	% Daily Values
Calories	7		Chamomile (<i>Matricaria recutita</i>) flower extract (4:1)	100 mg †
Total Carbohydrate	4g	1%**	5-hydroxytryptophan (from <i>Griffonia simplicifolia</i> seed extract)	50 mg †
Dietary Fiber	3g	11%**	Hawthorn (<i>Crataegus pinnatifida</i>) leaf and flower extract [std. to 1.8% vitexin-2'-O-rhamnoside]	50 mg †
Magnesium (from 2,085 mg Magtein® magnesium L-threonate, 500 mg magnesium amino acid complex)	250mg	60%	Lemon Balm (<i>Melissa officinalis</i>) leaf extract [std. to 2% (1 mg) flavonoids]	50 mg †
Fibersol 2® [std. to 90% (1350 mg) soluble dietary fiber]	1,500 mg	†	Passion Flower (<i>Passiflora incarnata</i>) extract [std. to 4% (2 mg) flavonoids]	50 mg †
Fibregum™ (<i>Acacia senyala</i>)	1,500 mg	†	Melatonin	1 mg †
Sensoril® Ashwaganda (<i>Withania somnifera</i>) root and leaf extract [std. to 10% (100 mg) withanolides]	1,000 mg	†		

† Daily Values not established.
**Percent Daily Values are based on a 2,000 calorie diet.



ReCODE Evening Balance™

Other Ingredients: Stevia (*Stevia rebaudiana*) leaf extract, silica, bitter blocker, Stevia (97% rebaudioside A).

