

RECODE WITH THE BREDESEN PROTOCOL

Type 1 Inflammatory

How It Works

ReCODE Protocol Type 1 Inflammatory has been designed to provide support for individuals on the Bredesen Protocol who have been identified as Type 1 Inflammatory on the ReCODE Report.

ReCODE Protocol Type 1 Inflammatory supports the body's resilience against inflammation and soothes discomfort on a molecular level by promoting a healthy immune response.

Studies have linked inflammation to brain vulnerability and subjective cognitive decline. Also, people who contain one or two copies of the ApoE4 gene may have a higher risk of subjective cognitive decline. However, it is possible to experience inflammation without the presence of the gene. Consistent and prolonged inflammation could harm various parts of the body, including discomfort in muscles and loss of strength.

Many people could also have multiple symptoms, such as metabolic and hormonal abnormalities. The ReCODE Type 1 formula promotes a healthy inflammation response which helps to support more optimal cognition.

Everyone is different, and results will vary from person to person. The key is to maintain consistent use every day to see the best results.



Features & Benefits

Enzyme and herb formula to soothe inflammation at a molecular level.*

Helps modulate the inflammatory response of the body.*

Improves sleep and promotes brain health.*



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Supports a Healthy Inflammatory Response*

Meriva® Turmeric

A concentrated and patented turmeric extract that helps support the body's natural inflammatory process, which can in turn enhance cognitive performance.*

Boswellia

This formula contains 65% of boswellic acids and has been shown to inhibit pro-inflammatory chemicals, such as 5-Lipoxygenase, leukotrienes, and transcription factor NF-kB.*

Quercetin

Quercetin has been shown to soothe discomfort related to inflammation* and is known to work synergistically with another ingredient, bromelain.



Improves Blood Circulation*

Nettle Leaf

In addition to encouraging a healthy inflammatory response, nettle leaf also helps to balance blood sugar levels and stimulate blood flow.*

Ginger Root

Ginger has been shown to amplify the effects of other ingredients. In addition to supporting a healthy inflammatory response, it improves blood flow and stimulates nitric oxide production in the body.*

VitaCerry® Tart Cherry

VitaCherry® is 5x more concentrated than other forms, containing nutrients such as vitamins A, C, and K, manganese, potassium, copper, and small amounts of vitamin B, calcium, iron, magnesium, and omega-3. It has been shown to soothe muscle soreness and help balance blood pressure.*



Promotes Optimal Gut Health*

Bromelain

An enzyme extracted from pineapple that helps break down protein-based antigens related to inflammation.*

Protease Enzymes

These enzymes break down protein-based antigens associated with inflammation.*



Type 1 Inflammatory

Ingredients You Can Trust

How to take



2 Capsules

On an empty
stomach

Daily

Ingredients

Supplement Facts

Serving Size: 2 capsule daily

Servings per container: 30

	Amount per serving	% Daily Values**
Protease Enzymes (from <i>Aspergillus oryzae</i>)	25,000 HUT	†
Turmeric rhizome extract (<i>Curcuma longa</i>) (Phytosome® from sunflower lecithin with 18% to 22% [90 mg to 110 mg] total curcuminoids) (Meriva®)	500 mg	†
Boswellia tree resin extract (<i>Boswellia serrata</i>) (65% [97.5 mg] boswellic acids)	150 mg	†
Ginger root extract (<i>Zingiber officinale</i>) (5% [4 mg] gingerols)	80 mg	†
Bromelain (from <i>Ananas comosus</i> - pineapple stem) (120 GDU)	50 mg	†
Quercetin (from <i>Fava d'anta</i>)	50 mg	†
Nettle leaf extract (<i>Urtica dioica</i>) (4:1)	25 mg	†
Tart Cherry fruit (<i>Prunus cerasus</i>) (VitaCherry®)	25 mg	†

† Daily Values not established.

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Hypromellose (vegetable cellulose), rice bran, silica.



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