

## RECODE WITH THE BREDESEN PROTOCOL

# Type 2 Atrophic

### How It Works

**ReCODE Protocol Type 2 Atrophic has been designed to provide support for individuals on the Bredesen Protocol who have been identified as Type 2 Atrophic on the ReCODE Report.**

ReCODE Protocol Type 2 Atrophic is formulated with nutrients and herbs that promote healthy cognition and memory for those with reduced nutrient, hormonal, or neurotrophic support. This formula has ingredients that stimulate the production of brain-derived neural proteins that play a critical role in neuronal development.\*

You may need Type 2 Atrophic if you are experiencing suboptimal hormone levels, such as thyroid, adrenal, estrogen, progesterone, and pregnenolone. Many people also note low levels of Vitamin D3, insulin resistance, and high homocysteine. The ReCODE Type 2 formula promotes vascular, brain, and nerve cell health, which in turn, supports cognition.

*Everyone is different, and results will vary from person to person. The key is to maintain consistent use every day to see the best results.*



## Features & Benefits

Neurotrophic support that provides nutrients for optimal cognition.\*

Supports mental performance and focus.\*

Promotes the ability to concentrate and pay attention.\*





## Promotes Mental Clarity and Memory\*

### Lion's Mane

A mushroom that has been shown to stimulate cellular production, offering cerebral and nervous system support. It could strengthen comprehension and the ability to focus, while promoting optimal immune system health.\*

### NeuroFactor® Green Coffee Extract

This particular green coffee extract is known to provide a natural support for brain health. It contains a unique profile of polyphenols, which stimulates the production of key neuroproteins that play a critical role in neuronal development.\* absorption and supporting normal blood glucose levels.\*



## Helps to Promote Hormones That Support Cognitive Health\*

### Acetyl-L-carnitine HCl

An amino acid that encourages mitochondrial activity, which has been shown to improve mood, learning, and memory. It is considered to be an anti-aging nootropic that enhances brain performance. Acetyl-L-carnitine HCl may also help burn fat, improve endurance and lessen recovery time after exercise.\*

### Butcher's Broom

An herb that supports circulation by strengthening the integrity of blood vessels and increasing blood flow to the heart. It has also been shown to lessen tension and supports a healthy inflammatory response around lower legs and ankles.\*

### Gotu Kola

A plant that supports memory by increasing oxygen intake and blood circulation. It has also been shown to support a normal inflammatory response.\*



## How to take



3 Capsules

With or Without  
Food

Daily

## Ingredients

## Supplement Facts

Serving Size: 3 capsules daily

Servings per container: 30

	Amount per serving	% Daily Values**
Lion's Mane mushroom fruiting body ( <i>Heridium erinaceus</i> )	500 mg	†
Acetyl-L-Carnitine HCl	300 mg	†
Gotu Kola aerial extract ( <i>Centella asiatica</i> ) (10% [25 mg] triterpenes)	250 mg	†
Butchers Broom root extract ( <i>Ruscus aculeatus</i> ) (10% [15 mg] ruscogenins)	150 mg	†
Green Coffee whole fruit ( <i>Coffea arabica</i> ) (Neurofactor™)	100 mg	†

† Daily Values not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet

**Other Ingredients:** Hypromellose (vegetable cellulose), silica, and rice bran.

