

RECODE WITH THE BREDESEN PROTOCOL

Type 5 Traumatic

How It Works

ReCODE Protocol Type 5 Traumatic has been designed to provide support for individuals on the Bredesen Protocol who have been identified as Type 5 Traumatic on the ReCODE Report.*

ReCODE Protocol Type 5 Traumatic has been formulated to promote a resilient brain and nervous system, fostering strong communication between nerve cells.*

Brain trauma can cause significant structural damage to the brain, resulting in cognitive impairment. Type 5 Traumatic focuses on restoring cellular structure and increasing blood flow to vital parts of the brain and throughout the body.*

Everyone is different, and results will vary from person to person. The key is to maintain consistent use every day to see the best results.



Features & Benefits

Provides nourishing antioxidants for brain health support.*

Supports healthy blood circulation to the brain.*

Helps strengthen cellular structure in brain and nerve cells.*



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Improves Cellular Structure*

Phosphatidylcholine

A class of phospholipids that has traditionally been used to support brain health by increasing neurotransmission within the brain and strengthening the cellular structure of brain cells. It also helps support liver function and keep cholesterol levels in check.*

Phosphatidylserine

A phospholipid and natural component of the cell membrane, phosphatidylserine has been shown to help strengthen the brain's cellular structure and support neuronal membrane function.*

Alpha-Lipoic Acid

A fat and water soluble antioxidant that assists cells in making energy, improving nerve function and signs of aging. It has also been shown to promote a healthy inflammatory response.*



Maximizes Brain Performance*

Acetyl-L-Carnitine HCl

An amino acid that encourages mitochondrial activity, which has been shown to improve mood, learning, and memory. It is considered to be an anti-aging nootropic that enhances brain performance. Acetyl-L-carnitine HCl may also help burn fat, improving endurance and lessen recovery time after exercise.*

Ginkgo biloba

A tree native to China, research shows *Ginkgo biloba* improves cognitive function by promoting normal blood circulation in the brain and protecting against neuronal damage with powerful antioxidants.*

Toothed Clubmoss (with 1% Huperzine A)

A nootropic ingredient that is used to support memory performance and other cognitive functions. Huperzine A has been shown to support balanced levels of acetylcholinesterase and acetylcholine, two chemicals that allow the nervous system to communicate with the brain.*





Stimulates Blood Circulation*

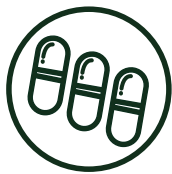
Vinpocetine

A modified alkaloid that supports brain health and improves memory by stimulating blood circulation. It supports normal glucose levels and assists in delivering oxygen to the brain.*

Ginger

Ginger has been shown to support a healthy inflammatory response, but it also improves blood circulation. Ginger also stimulates nitric oxide production in the body, as well as amplifies the effects of other ingredients.*

How to take



3 Capsules



With food



Daily

Ingredients

Supplement Facts

Serving Size: 3 capsules daily
Servings per container: 30

	Amount per serving	% Daily Values**
Acetyl-L-Carnitine HCl	220 mg	†
Alpha Lipoic Acid	215 mg	†
Phosphatidylcholine	200 mg	†
Ginkgo Biloba leaf extract (<i>Ginkgo biloba</i>) (24% [28 mg] flavone glycosides, 6% [7 mg] terpene lactones)	120 mg	†
Phosphatidylserine	100 mg	†
Ginger rhizome (<i>Zingiber officinale</i>)	50 mg	†
Toothed Clubmoss aerial extract (<i>Huperzia serrata</i>) (1% [0.2 mg] Huperzine A)	20 mg	†
Vinpocetine	20 mg	†

† Daily Values not established.

**Percent Daily Values are based on a 2,000 calorie diet

Other Ingredients: Microcrystalline cellulose, hypromellose (vegetable cellulose), silica, and rice bran.



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